**2024 PEW RESEARCH CENTER’S AMERICAN TRENDS PANEL**
**WAVE 140 JANUARY 2024**
**FINAL TOPLINE**
**JANUARY 16–21, 2024**
**N=5,140**

**ADDITIONAL QUESTIONS PREVIOUSLY RELEASED**

**ADDITIONAL QUESTIONS HELD FOR FUTURE RELEASE**

**ADDITIONAL QUESTIONS PREVIOUSLY RELEASED**

**ASK ALL:**

NEWYR  Did you make any New Year’s resolutions this year (2024)?

<table>
<thead>
<tr>
<th>Jan 16-21, 2024</th>
<th>Yes, I made several</th>
<th>Yes, I made one</th>
<th>No, I did not make any</th>
<th>No answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>15</td>
<td></td>
<td>15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>70</td>
<td></td>
<td></td>
<td>*</td>
<td></td>
</tr>
</tbody>
</table>

**ASK IF NEWYR= 1,2 [N=1,526]:**

NEWRES  Did you make any New Year’s resolutions about...  [RANDOMIZE HLTH-FIN, keep SE last]

<table>
<thead>
<tr>
<th>HLTH</th>
<th>Your health, exercise or diet</th>
<th>Jan 16-21, 2024</th>
<th>Yes</th>
<th>No</th>
<th>No answer</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>79</td>
<td>21</td>
<td>1</td>
</tr>
<tr>
<td>WRK</td>
<td>Your work or career</td>
<td>Jan 16-21, 2024</td>
<td>49</td>
<td>50</td>
<td>1</td>
</tr>
<tr>
<td>FMLY</td>
<td>Your relationships with family or friends</td>
<td>Jan 16-21, 2024</td>
<td>57</td>
<td>42</td>
<td>1</td>
</tr>
<tr>
<td>HBS</td>
<td>Your hobbies or personal interests</td>
<td>Jan 16-21, 2024</td>
<td>55</td>
<td>43</td>
<td>1</td>
</tr>
<tr>
<td>FIN</td>
<td>Your money or finances</td>
<td>Jan 16-21, 2024</td>
<td>61</td>
<td>38</td>
<td>1</td>
</tr>
<tr>
<td>SE</td>
<td>Something else</td>
<td>Jan 16-21, 2024</td>
<td>42</td>
<td>56</td>
<td>2</td>
</tr>
</tbody>
</table>

www.pewresearch.org
ASK IF NEWYR=1 [N=791]
RESKEPT_M  And so far this year, have you kept your New Year’s resolutions?

Jan 16-21,
2024
59  Yes, all of them
28  Yes, some of them
13  No, none of them
1   No answer

ASK IF NEWYR=2 [N=735]
RESKEPT_S  And so far this year, have you kept your New Year’s resolution?

Jan 16-21,
2024
87  Yes
13  No
1   No answer

ASK IF NEWYR=3 [N=3,600]:
RESLNONE  Which of the following is the main reason why you did not make a New Year’s resolution?
[RANDOMIZE OPTIONS 1-4; ALWAYS ASK OPTION 5 LAST]

Jan 16-21,
2024
56  I don’t like to make resolutions
  9  I couldn’t think of anything
  6  I forgot
 12  I break them too easily
 17  Another reason
 *  No answer

ADDITIONAL QUESTIONS PREVIOUSLY RELEASED

ASK ALL:
PARTY  In politics today, do you consider yourself a:
ASK IF INDEP/SOMETHING ELSE (PARTY=3 or 4) OR MISSING:
PARTYLN  As of today do you lean more to...?\(^7\)

<table>
<thead>
<tr>
<th>Republican</th>
<th>Democrat</th>
<th>Independent</th>
<th>Something else</th>
<th>No answer</th>
<th>Lean Rep</th>
<th>Lean Dem</th>
</tr>
</thead>
<tbody>
<tr>
<td>28</td>
<td>29</td>
<td>27</td>
<td>13</td>
<td>3</td>
<td>17</td>
<td>18</td>
</tr>
</tbody>
</table>

Key to Pew Research trends noted in the topline:
(U) Pew Research Center/USA Today polls

\(^7\) PARTY and PARTYLN asked in a prior survey.