

Adult caregiving: Detailed tables

Time use activity classifications

Activity classification	Examples of activities include ...
Adult care	Providing physical care or medical care, or looking after household or non-household adults as primary activity; obtaining medical or care services for household or non-household adults; organization, financial management, planning and shopping for household or non-household adults; travel and waiting associated with helping household or non-household adults; housework, cooking, animal or pet care, maintenance or repair of house, lawn, vehicles or appliances for non-household adults.
Child care	Providing physical care or medical care or looking after children as primary activity; obtaining medical care for children; reading with, doing arts and crafts, playing or talking with children; attending children's events, or waiting for them; organizing and planning for children's activities; participating in educational activities like homework or school conferences; travel and waiting associated with child care.
Housework & errands	Cleaning, laundry, preparing food; shopping; obtaining financial, medical or legal services; home, vehicle or appliance maintenance or repair; pet care; travel related to housework and errands.
Paid work	Working, searching or interviewing for jobs; all travel related to paid work.
Leisure & personal	Personal grooming or obtaining personal services such as haircut; socializing; spending time with romantic partner; participating in recreational, entertainment or sports activities; travel related to leisure and personal activities.
Sleep	Sleeping, napping, and trying to get to sleep.

Note: These classifications are based on respondent's primary activity only.
 Source: IPUMS ATUS-X (<https://www.atusdata.org/atus/>).

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Prevalence of adult caregiving and time spent providing adult care

	Share of adults who provided adult care yesterday	Minutes spent providing adult care, among adult caregivers
Men	14%	82 minutes
Women	16	77
Ages 18-29	14	67
30-44	13	73
45-59	17	85
60-74	17	88
75+	16	86
White	16	81
Black	15	79
Hispanic	14	73
Asian/Pacific Islander	13	67
High school or less	15	85
Some college	16	79
Bachelor's degree+	14	72
Annual family income <\$30,000	16	87
\$30,000-\$74,999	15	80
\$75,000+	14	73
Employed	14	72
Not employed	18	89
Any disability	14	95
No disability	15	78

Note: Based on adults ages 18 and older. Adult caregivers are those who provided any unpaid adult care on the prior day. Whites, blacks, Asians and Pacific Islanders are only single-race non-Hispanics. Hispanics are of any race. "Some college" includes those with an associate degree.

Source: Pew Research Center analysis of 2012-2017 American Time Use Survey data (IPUMS).

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Profile of adult caregivers and non-caregivers

% of adult caregivers/non-caregivers that are ...

	Adult caregivers	Non-caregivers
Men	44	49
Women	56	51
Ages 18-29	19	21
30-44	21	26
45-59	30	26
60-74	22	18
75+	9	8
White	69	67
Black	12	12
Hispanic	14	15
Asian/Pacific Islander	4	5
High school or less	42	41
Some college	29	26
Bachelor's degree+	29	33
Annual family income <\$30,000	27	26
\$30,000-\$74,999	39	39
\$75,000+	33	36
Employed	58	65
Not employed	42	35
Any disability	10	11
No disability	90	89

Note: Based on adults ages 18 and older. Adult caregivers are those who provided any unpaid adult care on the prior day. Non-caregivers are those who provided no unpaid adult care on the prior day. Whites, blacks, Asians and Pacific Islanders are only single-race non-Hispanics. Hispanics are of any race. "Some college" includes those with an associate degree.

Source: Pew Research Center analysis of 2012-2017 American Time Use Survey data (IPUMS).

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